



# Ayushman Bharat Health and Wellness Centres

Transforming India's Primary Health Care System









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### Ayushman Bharat- Health and Wellness Centres (AB-HWCs)

Health and Wellness Centres aim to provide Comprehensive Health Care Services closer to the community and reduce financial hardship.

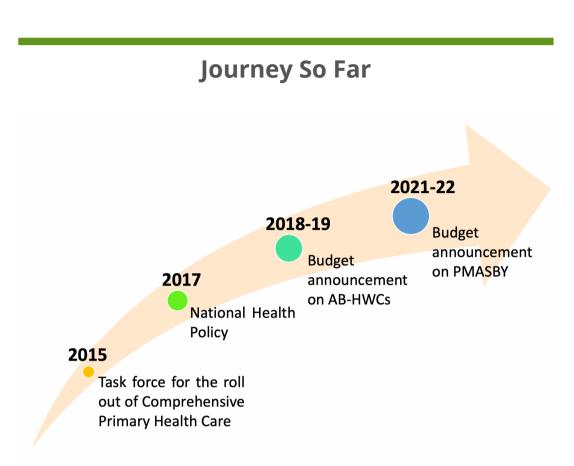


Ayushman Bharat strives for Universal Health Coverage through two inter-related components – establishment of **150,000 Health and Wellness Centers (HWCs) by 2022** to provide free and quality healthcare closer to people's homes and **Pradhan Mantri Jan Arogya Yojana (PM-JAY),** a health insurance cover for poor and vulnerable families.

Ministry of Health and Family Welfare (MoHFW) is transforming existing Sub Health Centres (SHCs), Primary Health Centres (PHCs) and Urban PHCs (UPHCs) across the country into Ayushman Bharat -Health and Wellnes Centres (AB-HWCs).

They have been conceptualized to provide **Comprehensive Primary Health Care (CPHC)**, which ensures the highest possible level of health and well-being at all ages, through a set of preventive, promotive, curative and rehabilitative services.

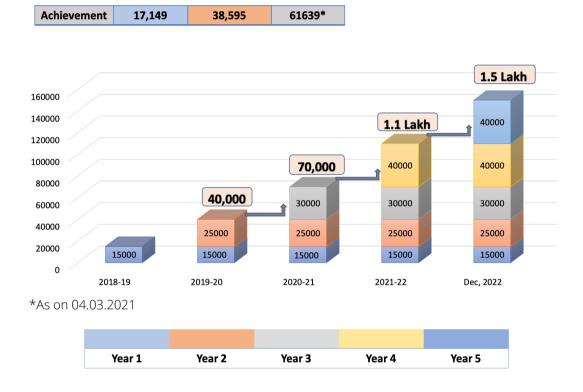
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In 2017, the National Health Policy was launched, which not only the recommendations accepted of the for Task Force Comprehensive Primary Health Care and endorsed the establishment of Health & Wellness Centres (HWCs), but also stated that two-thirds of the budget be allocated to primary health care.

In the budget speech for Financial Year 2018-19, an allocation of Rs.1200 crores was announced for Ayushman Bharat Health & Wellness Centres.

### Ayushman Bharat Health and Wellness Centres - Target Vs Achievement





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Health and Wellness Centres 2021

Source: https://ab-hwc.nhp.gov.in/home/

### Equitable, Efficient and Effective Health Care



- **Provide universal access to free primary health care**: Cashless services, medicines and diagnostics
- **Promote wellness and prevent illness**: Platform for physical activity, yoga, healthy diets, and regular screening
- **Strengthen accountability**: Active engagement of community collectives through Jan Arogya Samities.
- **Provide first contact care close to people's homes:** Reduce patient hardship.
- Enable treatment adherence and follow-up: Early detection of complications.
- Enhance Continuum of Care: Two way referral systems between all levels of care.
- **Expand access to higher level care**: Use of telemedicine to bridge access barriers.

Team at Ayushman Bharat-Health and Wellness Centres		
1 PHC	MBBS MO Other staff as per IPHS Norms	Primary health centre for <b>30,000</b> <b>population</b> (20,000 population in hilly/tribal/desert areas)
5 SHC	Community Health Officer Multi Purpose Workers ASHAs	One Sub-centre for <b>5,000</b> population (3,000 population in hilly/tribal/desert areas)

## Who is a Community Health Officer (CHO)?

The primary healthcare team at the Sub Health Centre level AB-HWCs is headed by a Community Health Officer (CHO) - who is a B.Sc./GNM Nurse or an Ayurveda Practitioner, trained and accredited in an approved Certificate Programme in Community Health.

#### **Primary Health Care Team**

The CHO heads the team of Multi-Purpose Workers (Male and Female) and Accredited Social Health Activists (ASHAs).

#### Health Care Services at AB-HWCs

#### Promotive Healthcare

- Eat Right
  - Fit India Movement
- Yoga / Wellness activities

#### Continued Thrust on

- RMNCAH+N service delivery-SRH Services
- Communicable
   Diseases TB,
   Leprosy, Vector Borne

#### Preventive Healthcare

- Screening / follow-up
- Hypertension, Diabetes,
- 3 common cancers oral, breast and cervical cancer





Health and Wellness Centres 2021

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Source: https://ab-hwc.nhp.gov.in/home/

### Moving from Selective Primary Care to Comprehensive Primary Health Care

Care in Pregnancy and Childbirth



Neonatal and Infant Health Care



Childhood and Adolescent Health Care Services

Family Planning, Contraceptive Services

**Reproductive Health** 

Management of

Communicable

Diseases:National

Health Programmes

and other

**Care Services** 

Services

Screening, Prevention, Control and Management of Noncommunicable Diseases and Chronic Communicable diseases



Basic Oral Health Care



Care for Common Ophthalmic and ENT Problem



Elderly and Palliative Health Care Services



Emergency Medical Services including Burns and Trauma



Screening and Basic Management of Mental Health Ailments







General Out-patient Care for Acute Simple Illnesses and Minor Ailments

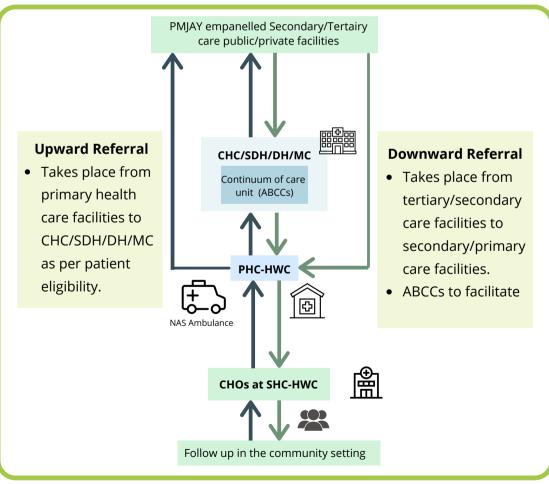
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Source: https://ab-hwc.nhp.gov.in/home/

## Bi-directional Referral and Return Linkages for Continuum of Care with AB-Pradhan Mantri Jan Arogya Yojna

Ayushman Bharat, which is India's path to Universal Health Care, is designed to ensure Continuum of Care between Health and Wellness Centres (AB-HWCs), providing universal, free Comprehensive Primary Health Care, through community-based outreach and out-patient care and the Pradhan Mantri Jan Arogya Yojana (PMJAY) that **provides secondary and tertiary hospitalization care, to 40% of poor and marginalized population.** 



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Health and Wellness Centres 2021

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Source: https://ab-hwc.nhp.gov.in/home/

### **AB-HWCs During COVID-19**

COVID showed the high potential of primary health care teams in AB-HWCs. The teams :

- Ensured community awareness
- Promoted COVID appropriate behaviour
- Enabled contact tracing and enhanced surveillance
- Facilitated access to testing
- Supported isolation and quarantine facilities





Between February 2020 and March 2021 :

**32,061AB-HWCs** weremadefunctionalandreceivedfootfallsof**3,013lakhs**ofwhich54%were women.

Over **5.46 crore** screenings were done for hypertension and over **4 crores** for diabetes.

The teams at HWCs ensured uninterrupted access to essential health services, especially for mothers and children.

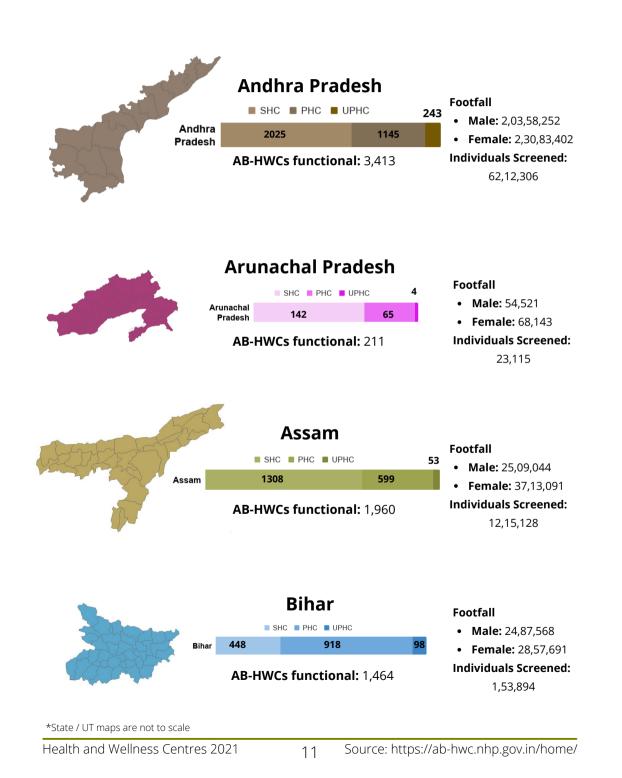
## PM Atmanirbhar Swasth Bharat Yojana (PMASBY)

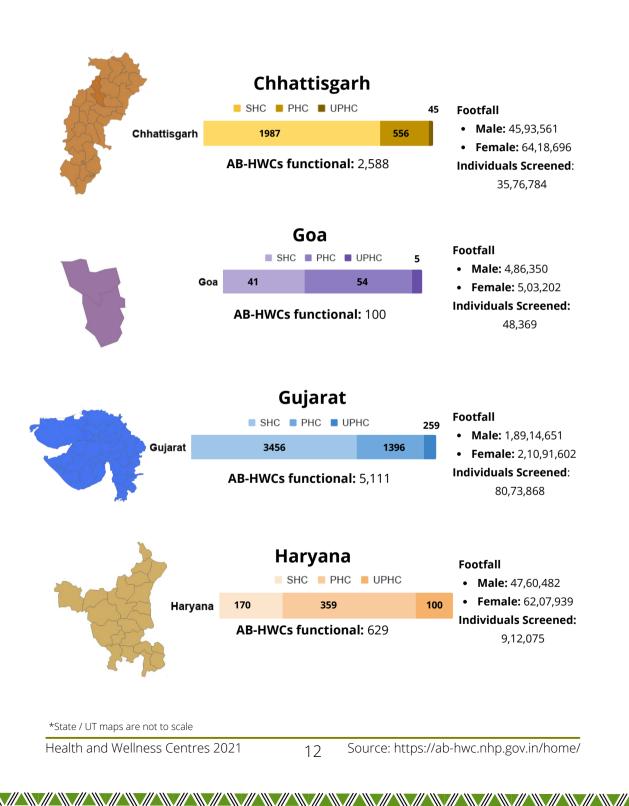
#### Impetus to accelerating implementation and benefits of AB-HWCs

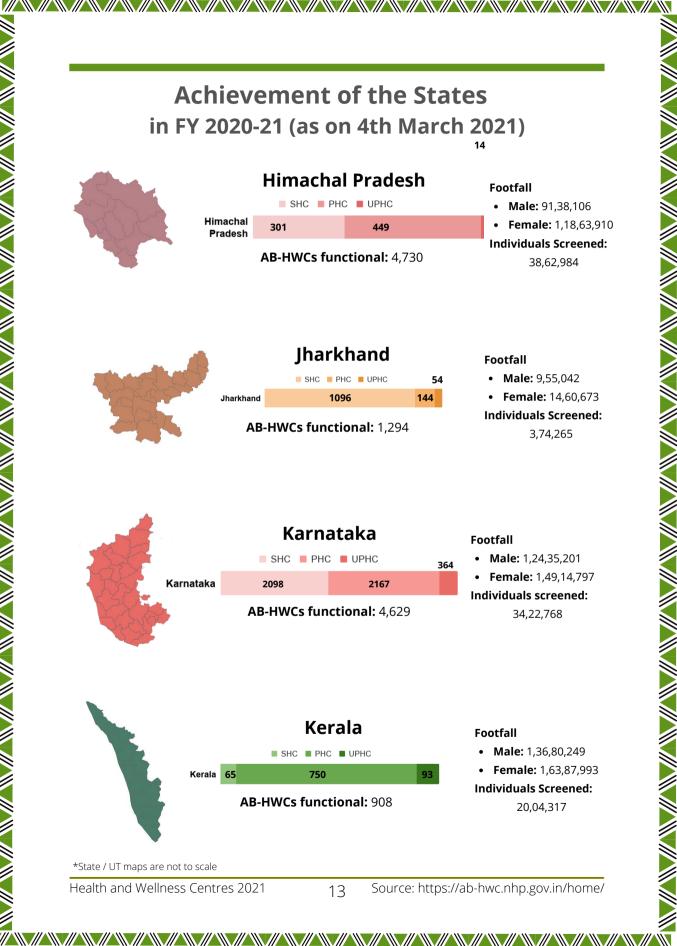
- Bridge infrastructure gaps in rural and urban areas
- Consolidate and strengthen rural primary health care
- Expand the number of urban HWCs to deepen Urban Primary Health Care Services
- Strengthen community partnerships in urban areas: Reach Resident Welfare Associations
- Enable the integration of surveillance and other public health functions into primary health care

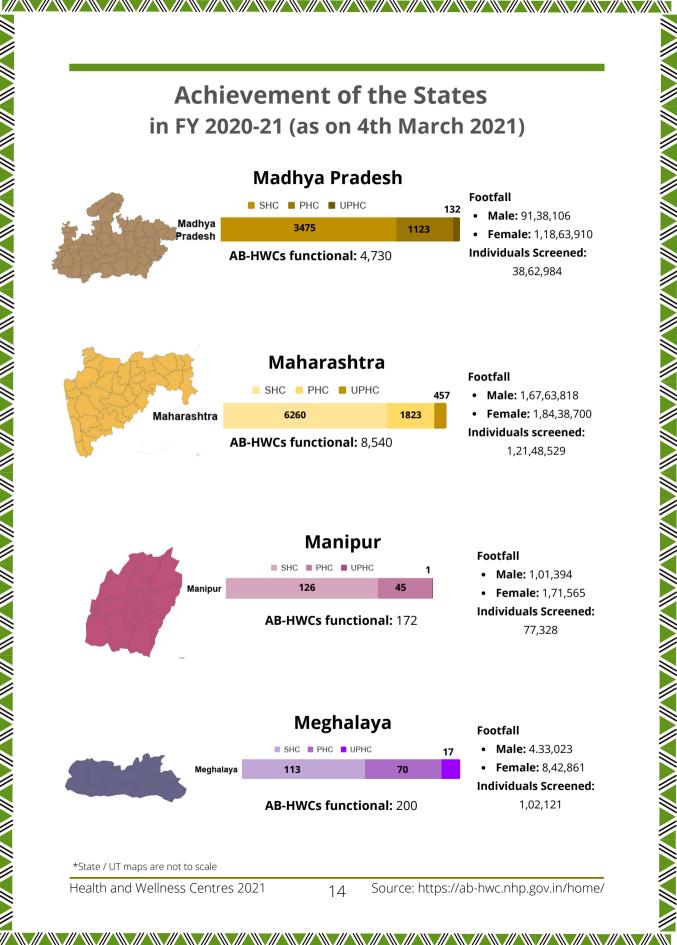


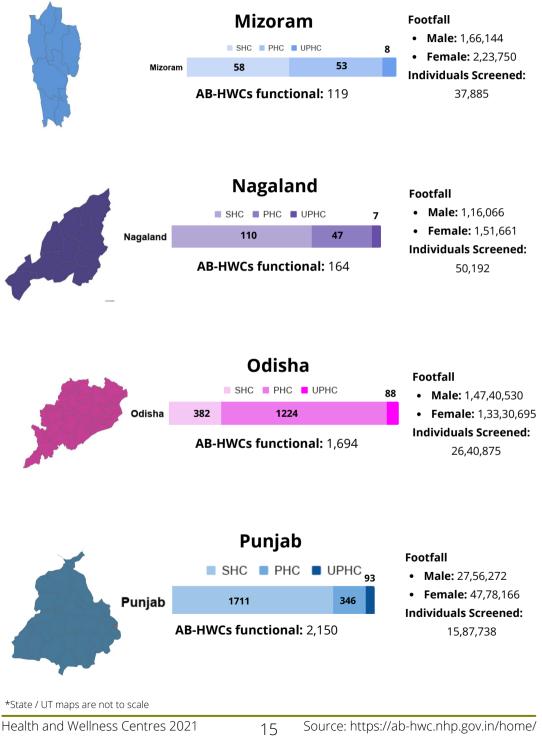
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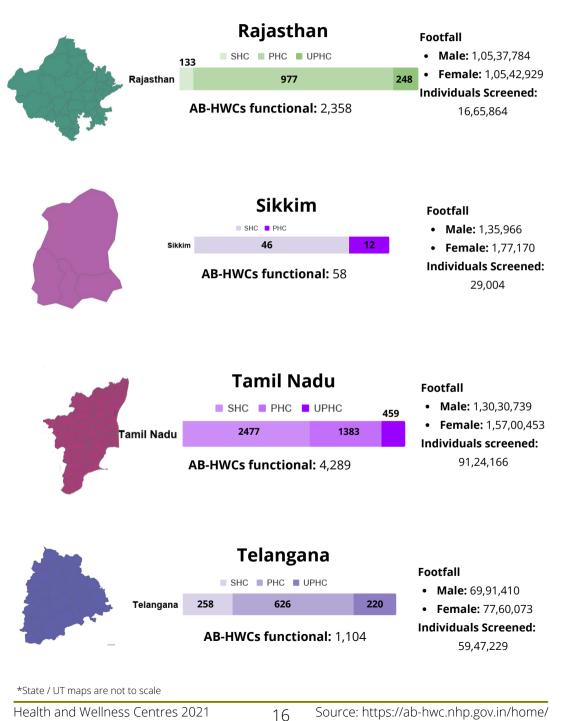












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Source: https://ab-hwc.nhp.gov.in/home/



#### Tripura

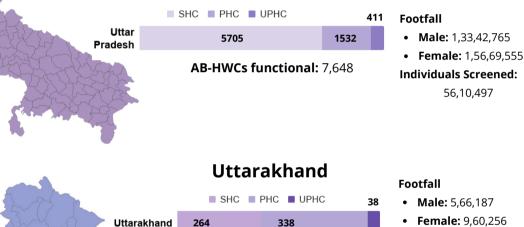
Tripura 254 0291 AB-HWCs functional: 291

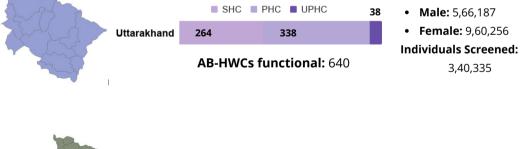
#### Footfall

Male: 3,65,234
Female: 4,95,810
Individuals Screened:

1,52,550

#### Uttar Pradesh





#### West Bengal

SHC PHC UPHC 325 2310 386

#### AB-HWCs functional: 3,021

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#### Footfall

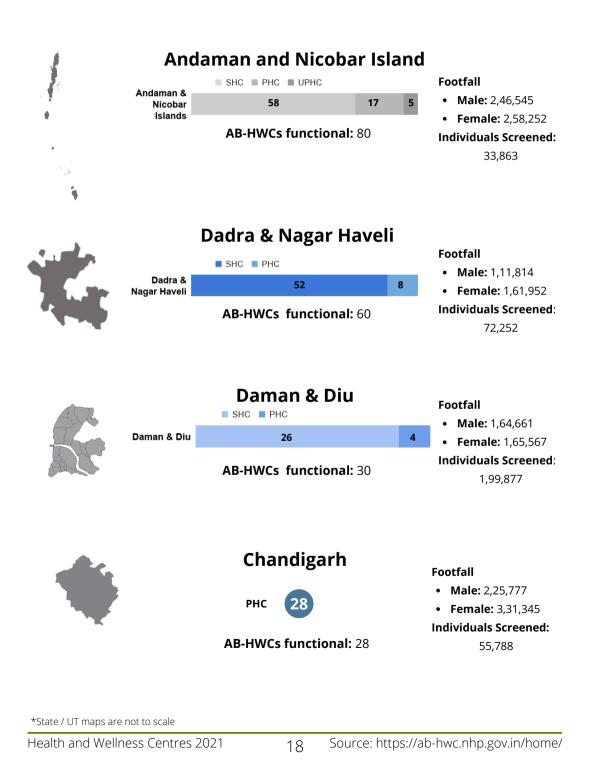
 Male: 47,99,870
 Female: 66,27,970
 Individuals Screened: 15,11,511

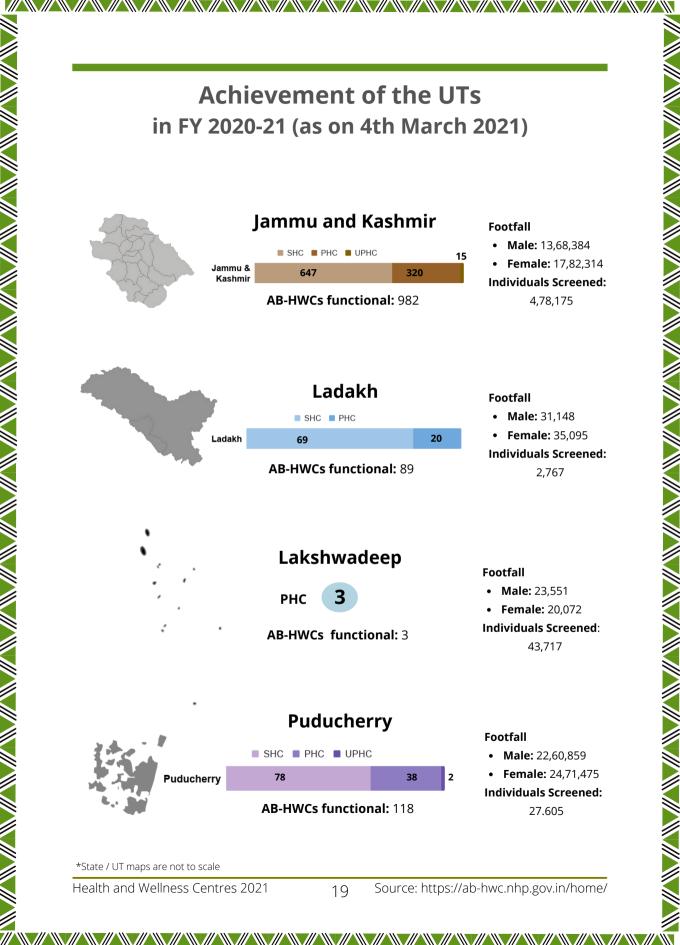
\*State / UT maps are not to scale

Health and Wellness Centres 2021

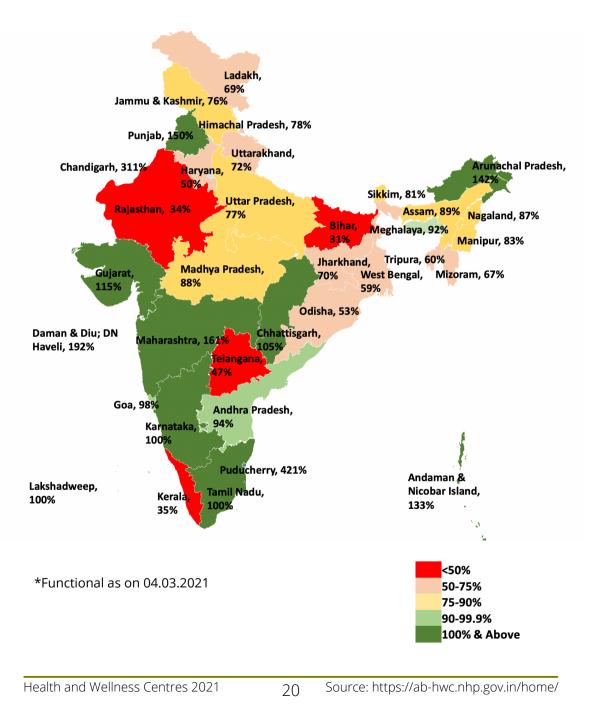
West Bengal

Source: https://ab-hwc.nhp.gov.in/home/





### HWCs Achievements against the target for FY 2020-21 : All the States and UTs\*











#### Developed with support from



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